ASA VOLLEYBALL WORKSHOPS: ADVANCED VOLLEYBALL COACH

DESCRIPTION
This 2 day workshop is aimed at instructors currently coaching up to the advanced skills of volleyball. This workshop provides skills and knowledge required to teach the advanced skills of volleyball. This workshop focuses on planning, conducting and evaluating drills, activities and games to develop the skills of volleyball to an advanced level. During the 2 days the students will learn skills, tactics of volleyball to an advanced level and undertake the practical examinations.

TOPICS
- Teaching advanced coaching techniques
- Establishing students’ needs and characteristics
- Characteristics of a range of physical abilities, fitness and motor performance to enable assessment of participant readiness
- Communication techniques
- Psychological methods and techniques used in game preparation
- Positions and players of volleyball and their roles and responsibilities on the court, during games
- Advanced indoor volleyball tactics and strategies, such as attacking and defensive systems, and game plans for team and individuals, and how to implement these during a game
- Specific drills, activities and games that promote the learning of tactics and strategies in individuals and groups
- Communication systems used between players, coaches, referees and support staff during advanced volleyball
- First aid principles and injury management
- Plan, deliver and evaluate training sessions

WORKSHOP FACILITATOR – MR ZOHAIR AMMAR, FIVB INSTRUCTOR III
Zohair is a High-Performance Coach, committed to helping volleyball coaches, managers and players to develop high-performance athletes. He has trained coaches and managers all over the world, and enjoys a worldwide network of some of the top volleyball coaches and administrators.

Volleyball academic qualification
- F.I.V.B. Coaches Course – Level I, II, III (USA, Czech Republic and Italy)
- Official Instructor for the International Volleyball Federation (FIVB)

Volleyball experience
Former Technical Director
- Team Egypt (Bronze Middle, CISM_WC-1982)
- Team Egypt (Women 1984 – 1986)
- Team Zamalek (Women 1980 – 1984)

Former Technical Director/Advisor
- Bahrain
- Namibia
- Jordan

INTAKES
1-2 October
8-9 October
15-16 October
22-23 October

LOCATION
Gold Coast

HOW TO ENROL
Applying to Australian Sports Academy is easy. You can submit your enrolment application anytime by email to info@asaonline.edu.au or call 1300 656 693.